



## For Immediate Release

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### Catch the Olympic spirit at the pool

**Fairfield, California (Monday, July 30, 2012)**—Join the fun and participate in the Olympics right here in Fairfield. There will be a daily Olympic Torch Parade, games, and events at the Aquatics Complex at Allan Witt Park. Events will be held hourly during recreation swim for the duration of the Olympics. Rec swim at the Aquatics Complex is open noon to 5 p.m., seven days a week.

The City of Fairfield Community Resources Department also offers a variety of swim lessons, aquatics exercise, and fitness classes as well as lap swim opportunities at the aquatics complex. Exercise and fitness classes offer the companionship and support of group exercise with the benefit of working out in water: low impact on joints and high impact on improved fitness.

Fitness classes and lap swim times are 9 to 11:15 a.m. daily and Monday-Thursday 5:30 to 7:45 p.m. A new session for swim lessons begins every two weeks, with the next session beginning August 6.

For more information on the ongoing Olympic festivities, swim lessons, aquatics exercise, and fitness classes, as well as lap swim opportunities, visit the City's website at [www.fairfield.ca.gov](http://www.fairfield.ca.gov) or contact Aquatics Coordinator Maureen Lillemoe, 707-428-7726 or [mlillemoe@fairfield.ca.gov](mailto:mlillemoe@fairfield.ca.gov). The aquatics complex is located at 1741 West Texas Street.

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### About the City of Fairfield Community Resources Department

The Community Resources Department's mission is to shape our community's future by offering an array of programs and services that meet the needs of Fairfield residents. The department strives to provide resources for all aspects of daily life. Community Resources operates affordable housing programs, recreational classes, neighborhood improvement programs, senior services, sports and aquatics programs, and youth activities. The department manages the Aquatics Complex at Allan Witt Park, Sports Center at Allan Witt Park, Community Center, Senior Center, neighborhood centers, and sports fields.